

**AMENDMENT NO. 17-3**  
**TO THE**  
**RULES AND REGULATIONS**  
**OF THE**  
**MEBA MEDICAL AND BENEFITS PLAN**

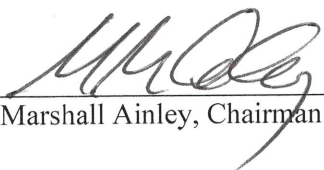
At their February 2017 meeting, the Trustees of the MEBA Medical and Benefits Plan (the "Plan") approved the following change to the Plan's Rules and Regulations with respect to coverage for physical exams performed at a MEBA Diagnostic Center prior to an individual's eligibility for Plan benefits.

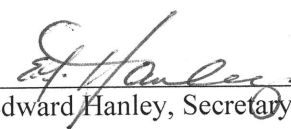
1. Effective February 1, 2017, Article I, Section 6 shall be amended to read as follows:

Notwithstanding any other provision to the contrary, the Plan will provide an annual physical exam conducted at a MEBA Diagnostic Center for an individual who is not an Eligible Employee or Dependent, but is a registered individual seeking employment with an Employer and a physical is required in order to ship. This annual physical exam at other than a MEBA Diagnostic Center and transportation costs associated with this exam are not covered.

Effective Date: February 1, 2017

Language Approved: May 25, 2017

  
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H. Marshall Ainley, Chairman

  
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Edward Hanley, Secretary