

AMENDMENT NO. 21-3
TO THE
RULES AND REGULATIONS
OF THE
MEBA MEDICAL AND BENEFITS PLAN

At their November 20, 2020 meeting, the Trustees of the MEBA Medical and Benefits Plan (the “Plan”) amended the Plan’s Rules and Regulations to modify the Plan’s special provision for the outpatient treatment of nervous and mental disorders for Pensioners, effective January 1, 2020.

1. Article VIII, Section 2(a)(2)(ii) shall be amended to read as follows (*new language shown in bold italics*; deleted language shown in ~~striketrough~~):

(ii) Outpatient expenses up to a maximum of ~~twenty-four (24)~~ **one-hundred (100)** visits in each thirty-six (36) consecutive month period will be considered at 50% of Allowable charges. Outpatient expenses for Pensioners will be treated as a separate benefit of ~~24~~ **100** visits that begins on the Pensioner’s Effective Date of Pension (as defined in the MEBA Pension Trust Regulations) and does not include any visits in the months prior to the Pensioner’s Effective Date of Pension that may have been made while eligible as an Active Participant. Charges made by providers of services for the care or treatment of alcoholism or drug or other substance abuse (except as provided in subsection (1) above) shall not be considered Covered Medical Expenses.

2. Article VIII, Section 2(b)(2)(ii) shall be amended as follows (*new language shown in bold italics*; deleted language shown in ~~striketrough~~):

(ii) Outpatient expenses up to a maximum of ~~twenty-four (24)~~ **one-hundred (100)** visits in each thirty-six (36) consecutive month period will be considered at 50% of Allowable charges. Outpatient expenses for Pensioners will be treated as a separate benefit of ~~24~~ **100** visits that begins on the Pensioner’s Effective Date of Pension (as defined in the MEBA Pension Trust Regulations) and does not include any visits in the months prior to the Pensioner’s Effective Date of Pension that may have been made while eligible as an Active Participant. Charges made by providers of services for the care or treatment of alcoholism or drug or other substance abuse (except as provided in subsection (1) above) shall not be considered Covered Medical Expenses.

Adopted in Principle: November 20, 2020
Effective Date: January 1, 2020
Language Approved: February 17, 2021



Adam Vokac, Chairman



Edward Hanley, Secretary