



MEBA MEDICAL & BENEFITS PLAN

MEBA PENSION TRUST

MEBA TRAINING PLAN

MEBA VACATION PLAN

BENEFIT PLANS

1007 EASTERN AVENUE, BALTIMORE, MARYLAND 21202-4345 • (410) 547-9111

Confidential Communications Request

**MEBA Medical & Benefits Plan
1007 Eastern Avenue
Baltimore, MD 21202**

As required by the Health Information Portability and Accountability Act of 1996 you have a right to request that communications concerning your personal health information be made through confidential channels. The MEBA Medical & Benefits Plan will do its best to accommodate all reasonable requests.

I, _____ (print name) hereby request the use of confidential channels for the communication of information related to my personal health or payment for treatment. I believe that a disclosure of my personal health information other than through confidential communications endangers me.

Description of special communication methods to be used (Please specify alternate telephone numbers, alternate mailing addresses, etc.):

Signature

Date