

AMENDMENT NO. 21-1
TO THE
RULES AND REGULATIONS
OF THE
MEBA MEDICAL AND BENEFITS PLAN

At their November 20, 2020 meeting, the Trustees of the MEBA Medical and Benefits Plan (the “Plan”) amended the Plan’s Rules and Regulations to cover Cologuard colorectal cancer screening tests, effective January 1, 2020.

1. Article VI, Section 3(e)(18) shall be amended to read as follows (*new language shown in bold italics*):

(18) routine colonoscopies, once every five years (*or a Cologuard colorectal cancer screening test every five years*), for participants age 50 and older and their Dependents age 50 and older; and once every five years, beginning at the earlier of age 40 or 10 years before the youngest case in the first-degree relative (i.e., a parent, sibling, or child) for participants and their Dependents with a family history of colorectal cancer or adenomatous polyps in any first-degree relative before age 60 or in two or more first-degree relatives at any age (if not a hereditary syndrome).

Adopted in Principle: November 20, 2020

Effective Date: January 1, 2020

Language Approved: February 18, 2021



Adam Vokac, Chairman



Edward Hanley, Secretary